

Lost Hair

"My hair came out by the handful, and the gray hairs began to creep in. I tried Ayer's Hair Vigor and it stopped the hair from coming out and restored the color."—Mrs. M. D. Gray, No. Salem, Mass.

There's a pleasure in offering such a preparation as Ayer's Hair Vigor. It gives to all who use it such satisfaction. The hair becomes thicker, longer, softer, and more glossy. And you feel so secure in using such an old and reliable preparation.

—\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will send you a bottle. Be sure and give the name of your nearest express office. Address: J. C. Ayer & Co., Lowell, Mass.

HER SHOES ARE LARGER.

The Athletic Girl is Buying Bigger Shoes, Too.

The athletic girl of today is a surprise to people who have not been noting her developments. She has grown beyond all recognized standards to classical dimensions.

The bootmaker still calls a 4 B shoe his model, exhibits it in his window, and it is a pretty little thing to see. But the athletic girl who has been brought up to a family where she has had an opportunity to live a healthful natural life, with plenty of outdoor exercise, laughs at such things.

The athletic girl has brought about an entire change in the hosiery departments of the shops. There was never a time when there were prettier or more extravagant things for women in the cobweb varieties of fine lisle thread and silk. Women wear these expensive things for outdoor sports as well as for dress occasions, but the sizes have developed with the women who wear them. Where 8 1/2 and 9 were five years ago, the girl of today wears 9 1/2, 10, 10 1/2, and she would often wear 11, if she could get it.

In the shoe shops there is the same fashionable shoe store spring heel shoes there is the same noticeable change. The boots are made to go over the 10 and 10 1/2 silk stockings.

In the "misses' department" of the fashionable shoe store spring heel shoes range from children's sizes up to boots so big that they might belong to young giants. They are for athletic girls who are kept children as long as possible and wear the spring heel boots until they are ready to make their bow to society.

Gloves have changed with other accessories of the feminine wardrobe, and the well-built girl wears 6 1/2, 7 and 7 1/2 in place of 5 1/2, 5 3/4 and 6 that have been worn. For one thing, her hands are not only large, but she no longer stops the circulation by squeezing her hands into a glove a size too small for her. She cannot too soon get rid of her old-fashioned gloves, for she is wearing something that is an eyesore—Washington Star.

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American Energy vs. English.

When the Egyptian government placed a large order for railway bridges of exceptional size in the United States, British makers of such goods excused their backwardness in allowing the business to slip out of their hands on the ground that certain American firms happened to have the very things required in stock. The same explanation was pleaded when American locomotives were preferred to English when occasion arose to increase at once the rolling stock of some European railways. But two new orders have lately been sent across the Atlantic which surely ought to have come within the compass of British achievement. In the one instance, a gigantic American dredger will shortly be seen scooping out the bed of the Thames to an increased depth of four feet. In the other, a dozen motor omnibuses, of American design and manufacture, threaten to add to the existing congestion of traffic in London streets. It must certainly create an idea among foreigners that John Bull, of old the selfhelpful, is getting played out when he finds himself constrained to invite American assistance in such purely domestic matters. It was not to be expected, of course, that any British firms would keep in stock such out-of-the-way goods. But their American competitors were, it is said, similarly circumstanced when the demand first arose. The difference was that they at once addressed their minds and energies to supplying the required articles.—London Globe.

Too Swift Company.

An Atchouman, newly married, was summing his wife's virtues to his men friends. "Why, she is so much better than I," he said, "I don't see how she came to marry me." His friends all agreed to this so promptly that he got mad; said he was as good as his wife any day, and wanted to whip the crowd.—Atchouman Globe.

1103 Harvard, 1103.

The readers of this paper will be pleased to learn that there is at least one disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known as the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces. It cures the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure, on a full and complete refund. Address: F. J. Cheney & Co., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

Child Mortality in the West Indies. In the West Indies infant mortality is very heavy. As soon as the children of the peasant can toddle about they are allowed to eat whatever they pick up. As a natural result more than half of them die in many of the islands before they are a year old.

Postage in the Slot.

The latest application of the principle of the penny in the slot is reported from Australia. In the post offices of the Commonwealth the person in a hurry will in future be able to drop his letter into one office of a machine and his penny into the other, and when this process is completed "one penny paid" will be found impressed on the envelope as an equivalent to the orthodox stamp.



Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, caused by womb trouble. My appetite was flimsy, and I would lie awake for hours, and could not sleep, until I seemed more weary in the morning than when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me feel as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 347 East Ohio St., Chicago, Ill.

Mrs. Pinkham Tells How Ordinary Tasks Produce Displacements.

Apparently trifling incidents in women's daily life frequently produce displacements of the womb. A slip on the stairs, lifting during menstruation, standing at a counter, running a sewing machine, or attending to the most ordinary tasks may result in displacement, and a train of serious evils is started. Don't let the condition become chronic through neglect or a mistaken idea that you can overcome it by exercise or leaving it alone.

More than a million women have regained health by the use of Lydia E. Pinkham's Vegetable Compound.

If the slightest trouble appears which you do not understand write to Mrs. Pinkham, at Lynn, Mass., for her advice, and a few timely words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both.

Mrs. Leiah Stowell, 177 Wellington St., Kingston, Ont., writes:

"DEAR MRS. PINKHAM:—You are indeed a godsend to women, and if they all knew what you could do for them, there would be no need of their dragging out miserable lives in agony. I suffered for years with bearing-down pains, womb trouble, nervousness, and excruciating headache, but a few bottles of Lydia E. Pinkham's Vegetable Compound made life lock new and promising to me. I am light and happy, and I do not know what sickness is, and I now enjoy the best of health."

Lydia E. Pinkham's Vegetable Compound can always be relied upon to restore health to women who suffer. It is a sovereign cure for the worst forms of female complaints, such as inflammation of the ovaries, and all the troubles of the uterus or womb. It dissolves and expels tumors from the early stage of development, and checks any tendency to cancerous humors. It subdues excitability, nervous prostration, and tones up the entire female system. Its record of cures is the greatest in the world, and should be relied upon with confidence.

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FARM AND GARDEN



TO KILL THE THISTLE.

One of the worst enemies of the farmer is of the Canadian thistle. It works more injury every year to farms in this country than many other causes to which attention is given. It spreads slowly apparently, but it sooner or later takes full possession of the land and unless eradicated the entire farm becomes worthless. The heavier seeds, which are carried by winds, will germinate, but its progress is by means of long white root stocks, which are proof against disease and seasons. It is claimed that a piece of root stock left in the soil will grow from six to ten feet in a season and from each small piece as many as sixty heads will grow. The best season for beginning the war on thistles is in June. Plough the land and then plough again every few weeks until well into the fall, the object being to destroy the young growth as fast as it appears, as any plant must succumb if deprived of forming leaves, as plants breathe through the agency of the leaves. Another plan is to allow them to grow until the plants are just higher over the field, repeating the work as fast as the plants appear.

As the farmer may prefer to utilize the land he can plough the land and plant it to potatoes. If he will then give the potato crop frequent cultivation he will destroy many of the thistles and the potatoes will pay for the labor. It may not be possible to subdue the thistles the first year, but if the work is well done the thistles may be completely destroyed the second year, when the ground should be ploughed in the spring and a crop of early cabbages grown, removing the cabbage crop and broadcasting the land, after ploughing and harrowing with Hungarian grass seed. As Hungarian grass seed grows rapidly and may be mowed once a month it gives the thistles but little chance, while the present cultivation of the cabbage crop will have greatly reduced the thistles in number. The point is to keep the thistles cut down from July to frost, after which they will be under control.

The roadsides must also be carefully attended to, for it is on the uncultivated roadsides that weeds are neglected and hence are protected. Neighbors should also work harmoniously in the destruction of weeds, as frequently some negligent farmer injures the entire community by producing the seeds of weeds which are carried by the winds over a large area. Weeds may also be carried long distances on the tops of railroad cars or by water; in fact, there are so many modes of distribution that it is almost impossible for any farmer to escape the nuisance of weeds, but all farmers can prevent their spread, and in protecting his neighbor he also protects himself. The Canada thistle is not so great a nuisance as many suppose if farmers will determine to combat its spread.—Chicago Chronicle.

CLEANING HARNESS.

Whether the harness is black or brown, a very little cleaning material should be used, and a great deal of elbow-grease in polishing. Too much composition or blacking "gums" the harness, and cause it to crack and work badly. Harness that gets into this condition should be well washed with soda water, sponged dry, given a good coat of dye and oil, and hung up for a few days for the oil to penetrate the leather before being cleaned in the ordinary way.

A lump of bees-wax rubbed over the polishing brush increases durability and the waterproof qualities of the blacking. After the whole of the harness has been cleaned, metal and leather, rub it over with a soft duster or old silk handkerchief to remove finger-marks, etc., paying special attention to the wipers, pad, collar and other patent leather parts, which require no other cleaning when new or in good condition.—The Cultivator.

SORE SHOULDERS.

Sore shoulders are more in evidence when the heavy rain of spring work is on, after a long winter of irregular work and confinement in the stable than they are now, but even at this season there are cases when much discomfort is caused, that, by a little extra care, could be averted. There are horses with defectively shaped shoulders or thin skins that are very easily put wrong in this way, but, as a rule, the defect is more in the horse-man than in the horse.

The collar must be made to fit comfortably and be kept clean and smooth, and the traces made equal length so as to have the strain fairly balanced to both shoulders. The collar should be taken off as soon as the horse is out of the yoke, and, if necessary, the shoulder washed with cold water. Carbolized vaseline is an excellent application, both to prevent and heal sore shoulders.

GOOD MILCH COWS.

Good milk cows are quite a source of profit on the farm. And no matter how good the breed, unless cows have proper food and a sufficiency of fresh water daily, they cannot produce a great quantity of milk. All cow owners should study these questions if they wish to get the best results. Grass is one of the most important crops. Red clover is the favorite crop. Next to grass is corn fodder. Carrots, beets, peas, and apples are all good. Every farmer should grow carrots and beets; they are far the best milk-producing vegetables. Grow and feed yellow carrots to improve the color of the butter. The quantity required for a cow can only be determined by trial. See to it that the cows are in perfectly good health, which will enable them to receive full benefit from their feed, give perfect digestion, and produce more milk and butter. Water is a necessity to cows, and it should be pure, cool, and always within their reach. Water before feeding and let the heaviest feed be at night. Salt is another necessity, and about an ounce and a half should be mixed with their food daily. Always clean the teats with a dry cloth before milking. Milk rapidly with dry hands and be sure the udder is emptied. Never scold or hit the cow. Talk gently to her and she will repay by giving more milk. Have perfect ventilation, drainage and every thing neat and clean in the stable or the milk will become tainted. Impure milk is caused by careless or diseased cows. Careful selection, good breeding, proper stabling, common sense in feeding and watering, will produce the best results for the time and labor expended in this branch of farming.—E. L. Morris, in Agricultural Epitome.

TO PREVENT SWARMING.

With a colony which is provided with an extraordinary spring, even the primary swarm can often be prevented. When the colony shows signs of becoming too populous, it should be examined and if the brood combs are well filled with brood two or three frames containing sealed brood should be removed to the super and their places filled with empty combs. If there is drone brood in the brood combs it should be removed before it is placed above. The perforated zinc mat between the hive and super will not permit the drones to pass through, hence the reason for destroying the drone brood.

Such an arrangement will give the queen plenty of room in which to deposit her eggs and the worker bees will continue to store honey and to care for their brood in the super above. As soon as this brood has hatched, the operator, of exchanging frames should be repeated, not only once but again and again, until the process of brood rearing is over. This plan is equally successful as extracting the honey from the frames of the hive proper. The colony is not weakened by having more or less of its sealed brood destroyed. The bees are not distressed or excited, and there is no danger of robbing them of needed stores in case of a sudden dearth of honey.—Millie Honaker, in American Agriculturist.

CROP BOUND FOWLS.

Some of the fowls that have free range during the summer months are very likely to become crop bound. This condition is caused by their eating

What the Lips Show.

The upper lip should be bow shaped, while the lower should form the arc of a circle, and to be ideally beautiful the lower lip should show more red than the upper. The lips should be moderately full.

Thick lips show a sensual temperament; thin lips, exhibiting little or no color, while indicating firmness and will power, are also indicative of a lack of amiability, and, according to other indications in the face, may show meanness, if not avarice. Firmly closed lips indicate determination; open lips, a characteristic of idleness, says Woman's Life.

The upper lip should have a slight curve inward before its union with the nose, for the straight lip indicates its owner to be unamiable and unintelligent. Much depends on the length of the upper lip. The distance from the tip of the nose to the mouth is one-half the breadth of the mouth. A short upper lip indicates liveliness, wit, fertility of invention, brilliancy of repartee. A long upper lip is generally indicative of stupidity.

Tanning by Electrolysis.

The process of rapid tanning by electrolysis has failed.

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—ELEANOR H. PARKER.

The House of Representatives costs \$8,000,000 a year and the Senate \$1,400,000.

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